

Botume House Visitor Center Exhibit

Middlesex Fells

4 Woodland Road, Stoneham

For info, call 781-662-5214

The CCC in the Middlesex Fells

Through February during regular Visitor Center hours

The Civilian Conservation Corps, also known as “Roosevelt’s Tree Army”, was a government-run program that made astounding contributions to our public lands during the Great Depression.

Middlesex Fells Photography Events

Spring in the Fells Photo Exhibit

Continuing through Wed., Jan. 3rd, 10:00am-5:00pm

Our first annual photo show, “Spring in the Fells” appears at the Aberjona Nursing Home, 184 Swanton Street, Winchester.

Second Annual Fells Photo Contest

Continuing through December 21st

Mon-Fri, 8:00am-4:00pm & Sat-Sun, 12:00-4:00pm

Submit photos taken between the Autumnal Equinox and Winter Solstice for the “Fall in the Fells” exhibit. Winners will be announced at the show opening, Jan. 11 (6pm-8pm). The show will run Sat’s and Sun’s, 12-4pm thru Mar. 31st.

Fells Bird Meadow Restoration Days

Saturday, January 6th & Saturday, February 3rd, 12:00pm

Help us restore an important bird meadow in the Middlesex Fells. We will use hand tools to cut the overgrown woody saplings and restore the grassland. Please dress for the weather. **Meet at:** South Border Road, Gate 9, Medford. For more info, call 617-727-1199, ext. 212. Co-sponsored by the Friends of the Fells.

Breakheart- Fells Hiking Club

Hikes begin at 1pm. The last hike of every month will explore the Middlesex Fells and meet at Jerry Jingle Park on Lynn Fells Pkwy., Melrose-Stoneham line. These hikes will be ***DIFFICULT***, and last 3 hours. All other hikes will meet at the Christopher P. Dunne Visitor Center, 177 Forest Street, off Lynn Fells Pkwy., Saugus. These hikes will be moderate and last 2 hours. For info, call 617-727-1199, ext. 212. *Dogs are not permitted.*

Saturday, December 2nd

Ridge Trail, Castle Rock, Fern Trail, Flume

Sunday, December 10th

Saugus River Trail to Camp Nihan, Fox Run Trail

Saturday, December 16th

Breakheart Hill, Ash Path, Lake Trails, Fox Run *(followed by a “pot luck” holiday meal. Please feel free to bring a favorite dish and join us.)*

Saturday, December 23rd

Lakes, Ridge Trail Link, West of Power Lines

Sunday, December 31st

Middlesex Fells – Meet at Jerry Jingle Park

Monday, January 1st

1st Day Hike, Sponsored by Kelly’s Roast Beef

Sunday, January 7th

Lodge Trail, Fox Run, Beach, Eagle Rock, Lakes

Saturday, January 13th

Breakheart Hill, Saugus River, Camp Nihan

Sunday, January 21st

Ash Path, Ridge Trail to Link, Lakes, Fox Run

Saturday, January 27th

Middlesex Fells - Meet at Jerry Jingle Park

Sunday, February 4th

Ridge Trail, Castle Rock, Pearce Lake

Saturday, February 10th

Breakheart Hill, Ash Path, Lake Trails, Eagle Rock

Sunday, February 18th

Saugus River Trail to Camp Nihan, Fox Run Trail

Saturday, February 24th

Middlesex Fells - Meet at Jerry Jingle Park

Maple Sugarin’ Pre-registration

Starting Monday, January 29th, 10am-4pm

School groups and non-profit organizations can call to pre-register for a private Maple Sugarin’ tour at Breakheart. Tours will run from March 12th to the 16th, and on March 19th. **Pre-registration required.** Call 781-438-1388, or 781-233-0834.

(Note: The program will be offered to the general public over the weekend of March 17th and 18th.)

Story Time at Breakheart

Sat., 12/9, Sat., 1/20, & Sat., 2/10, from 10:30am-11:30am

Join us for a nature themed story, snack, and craft for pre-school and kindergarten-aged children.

Meet at: 177 Forest Street, off Lynn Fells Pkwy., Saugus. For info, call 781-233-0834.

www.massparks.org

www.fells.org: Friends of the Middlesex Fells

www.saugus.org/FOBR: Friends of Breakheart

www.saugusriver.org: Saugus River Watershed Council

www.friendsofbelleislemarsh.org: Friends of Belle Isle

www.mysticriver.org: Mystic River Watershed Assoc.

www.friendsofalewifereservation.org: Friends of Alewife

www.esplanadeassociation.org: The Esplanade Assoc.

www.charlesriverconservancy.org: Charles Riv. Conservancy

North Region Headquarters

4 Woodland Road
Stoneham, MA 02180
Tel: 617-727-1199
Fax: 617-727-8228
www.massparks.org



North Region Winter 2007

Alewife Brook Reservation

Beaver Brook Reservation

Belle Isle Marsh

Breakheart Reservation

Charles River Reservation

Constitution Beach

Fellsmere Park

Lynn Heritage State Park

Lynn / Nahant Beach

Middlesex Fells Reservation

Mystic River Reservation

Revere Beach

Rumney Marsh Reservation

Winthrop Beach



December

Breakheart Winter Walk & Campfire Lunch Sunday, December 10th, 11:00am-12:30pm

Come for an easy 1.5-mile hike followed by a traditional outdoorsman's lunch: hot dogs and marshmallows toasted over an open fire, with hot cocoa to wash it all down. **Meet at:** Visitor Center off Lynn Fells Pkwy., Saugus.

Middlesex Fells CCC Slideshow & Hike

Sunday, December 17th, 1:00pm

Join a DCR Ranger for a 1-hour slideshow presentation about the history of the Civilian Conservation Corps and their contributions to the Fells during the Great Depression. For those who are interested, a moderate hike to view some of the CCC's work will follow, so dress accordingly. **Meet at:** Botume House, 4 Woodland Rd., Stoneham.

Junior Rangers Program

Tues, Dec. 26th-Fri, Dec. 29th, 9:30am-11:00am

Do you have an interest in Nature? Your local open spaces? Man's impact on the land? Then you can become a Junior Ranger! DCR Staff will assist participants with 4 of the required 8 activities and supply take-home materials to those wishing to complete the program.

Pre-registration is required. For more info, call Lynn at **781-662-5214**.

January

Breakheart 1st Day Hike

Monday, January 1st, 1:00pm-3:00pm

A Breakheart tradition continues with our 1st Day Hike. What better way to start the new year than with a brisk hike over Breakheart's roads and trails? There will be free Kelly's clam chowder and hot drinks being served. *Sponsored by Kelly's Roast Beef.* **Meet at:** Visitor Center off Lynn Fells Pkwy., Saugus.

Charles River New Year's Hike

Saturday, January 6th, 1:00pm-3:00pm

Join us for a spirited walk up the Esplanade and back to work off some holiday calories. Approximately 10k. Wear comfortable shoes and dress for the weather. Cancelled in the event of rain. No reservation required. **Meet at:** Plaza in front of Museum of Science entrance.

New Basin Walk

Saturday, January 13th, 1:00pm-2:30pm

Come find out the plans for this latest addition to DCR's Urban Parks at the mouth of the Charles River. We'll visit completed parks and discuss future plans along the waterfront as we walk. No reservation required. **Meet at:** Plaza in front of the Museum of Science entrance.

Breakheart Bushwhacking Hike

Saturday, January 20th, 12:00pm-2:00pm

Hike off trail to seldom visited areas of the Reservation. **Meet at:** Visitor Center off Lynn Fells Pkwy., Saugus.

Tour of the Charles River Dam

Saturday, January 20th, 1:00pm-2:00pm

Find out how this little known structure manages flood water and keeps the tides out of the Charles River. We'll be both inside and out, so dress accordingly. **Meet at:** Flagpoles on the Charlestown/Paul Revere Park side of the dam below City Square and N. Washington St. Bridge.

Mushing at Belle Isle Marsh

Sunday, January 28th, Time TBD

Learn how to set up and run a dog sled at Belle Isle Marsh Reservation. ***Please leave your pets at home.*** *Sponsored by the Boston Natural Area Network.* For info, call **617-542-7696**. **Meet at:** Belle Isle parking lot, off Bennington St., East

Fells Wildlife Tracking with David Brown

Sunday, January 28th, 1:00pm-3:00pm

Track wildlife with environmental educator and tracker David Brown. **Pre-registration required.** Call **781-662-2340**. \$10 donation suggested. The pamphlet edition of the *Tracking Survey* with pictures of Fells animals and their tracks will be available for \$5. **Meet at:** Stone Zoo parking lot, Pond St., Stoneham.

February

Groundhogs Day Out

Saturday, February 3rd, 1:00pm-3:00pm

Get out of the house and chase those winter blues away with a vigorous walk around the Charles River Esplanade. Approximately 10k. Wear comfortable shoes and dress for the weather. Cancelled in the event of rain. No reservations required. **Meet at:** Plaza in front Museum of the Science entrance.

David Brown Program at Breakheart

Weekend of February 3rd & 4th

The details of this program, presented by life-long naturalist David Brown, are yet to be determined. Information will be released as it becomes available. For more info, call the Breakheart Visitor Center at **781-233-0834**.

New Basin Walk

Saturday, February 10th, 1:00pm-2:30pm

Come find out the plans for this latest addition to DCR's Urban Parks at the mouth of the Charles River. We'll visit completed parks and discuss future plans along the waterfront as we walk. No reservation required. **Meet at:** Plaza in front of the Museum of Science entrance.

Tracking at Belle Isle Marsh Reservation

Saturday, February 17th, 9:00am-10:30am

Search through the wetlands and nature trails of Belle Isle Marsh for tracks and signs of mammals. Ice permitting, we'll also explore the reedbeds for signs of recent activity. **Meet at:** Belle Isle parking lot, off Bennington Street, East Boston.

Breakheart Bushwhacking Hike

Saturday, February 17th, 12:00pm

Hike off trail to seldom visited areas of the Reservation. **Meet at:** Vocational High School off of Farm St., Wakefield.

Tour of the Charles River Dam

Saturday, February 17th, 1:00pm-2:00pm

Find out how this little known structure manages flood water and keeps the tides out of the Charles River. We'll be both inside and out, so dress accordingly. No reservation required. **Meet at:** Flagpoles on the Charlestown/Paul Revere Park side of the dam below City Square and N. Washington St. Bridge.

Practicing Personal Safety

DCR Rangers instruct on various ways to help ensure your safety in DCR parks and other public places. Adults and children welcome.

Saturday, February 17th, 11:00am

Meet at: Botume House, 4 Woodland Rd., Stoneham.

Saturday, February 24th, 11:00am

Meet at: Breakheart Visitor Center off Lynn Fells Pkwy., Saugus.

Winter Beach Combing

Saturday, February 24th, 10:30am-12:00pm

Come join a DCR Park Ranger to explore the signs of life on and around Nahant Beach. **Meet at:** Ward Bathhouse parking lot next to the large Lynn/Nahant Rotary. For info, call Matthew Nash at **781-485-2804**.

Babes in the Woods

Tuesdays in the Middlesex Fells, 10:00am-11:30am

Come for a walk in the woods of the Middlesex Fells. Infants, toddlers, preschoolers, parents, grandparents, babysitters welcome. We alternate weekly between *strolls* and *hikes*. *Hikes* are on harder terrain than the *strolls*, but neither are strenuous. Bring snacks and dress for the weather. No dogs, please. Rain Cancels. *Co-sponsored by Medford Family Network, North Suburban Family Network, and Friends of the Middlesex Fells.* For more info or to receive a map of meeting places, call Rob at **781-396-8994**.